# **Compassionate Community Resources**

# **National**

Gov.uk > When Somebody Dies

CitizensAdvice.org.uk >

What to do after death

MarieCurie.org.uk > Grief Resources

Grief-Channel.com > Good Grief Videos

Cruse.org.uk > Podcasts for Grief & Loss

GoodLifeDeathGrief.org.uk >

**Compassionate Communities Toolkit** 

NHS.uk > End of Life Care Guide

CompassionateCommunitiesUK.co.uk >

Compassionate Civic Charter

LifeLedger.com >

Manage loved ones digital accounts

WhatMattersConversations.org > Starting Important Conversations

## **North East Essex**

StHelena.org.uk >

Singlepoint / 01206 890 360

Bereavement / 01206 984 274

**Compassionate Communities** 

My Care Choices Register

To Live With Dying Website > To Live With Dying

NEE-Alliance.org.uk >

<u>Palliative and EOL information for</u>

professionals, patients, families and carers

EssexMap.co.uk > Community Directory



# **Compassionate Community Resources**

### St Helena videos

# Youtube.com@ neehealthwellbeingalliance4001

**LINK** – What is end of life care?

<u>LINK</u> – Why is it important to share my wishes for end of life care?

<u>LINK</u> – Who will look after me and talk about my wishes?

<u>LINK</u> – How can St Helena support me?

**LINK** – Will I still see my GP?

**LINK** – What if I am admitted to hospital?

<u>LINK</u> – What financial support is available?

LINK – Dementia and end of life care

**LINK** – Bereavement support

<u>LINK</u> – What other support is available for me and my relatives and carers?

# **Carers specific**

## CarersFirst.org.uk >

LINK - Life After Caring: A New Virtual Workshop for Carers.

LINK - Caring for someone at the end of their life.

LINK - What will happen to the person I care for as they near the end of their life?

LINK - How can I help someone who is near the end of their life?

## Carers.org >

**LINK** - Help & Info - Coping with Grief

#### Healthwatch.co.uk >

<u>LINK</u> - Someone I love has died - where can I find support?

Compassionate